



## Our Children, Our Community, Believe it can be done!

### Headteacher's 'Thought For The Week'

Dear parents and students,

Last Friday I was delighted and privileged to talk to over 1500 men and boys in the Broadway Mosque. I spoke about the importance of the 3 F's. Parents (myself

included) should aim to be **Firm, Fair and Friendly** when dealing with their children. As teachers at Broadway, we too should aim to always follow the 3 F's, when we deal with each other and our students. I believe if parents and the school can agree common principles and treat the children consistently, then we can improve behaviour in school, at home and in the community.

We should aim to be:

**Firm:** ensure we have clear boundaries and teach our children what is right and wrong. We should really praise children's good behaviour and ensure that there are appropriate sanctions in place for poor behaviour.

**Fair:** children know when they are being treated fairly! They also know when they are not! We should ensure that we are consistent and look at the context of the situation before we jump to conclusions.

**Friendly:** children know if we genuinely care and like them. In our dealings with them, we should be friendly and approachable. Do we genuinely want the very best for our students? Do they have a feeling that they are well cared for, are special and are always welcome?

I am currently planning for the next academic year. Our aim is for Broadway Academy to be the best school in the country for student progress by 2020. In order to improve communication with you about your children's progress (in each subject, their effort, homework, attendance and behaviour) I would like to send regular reports (four times a year) and the weekly newsletter out to you, by email.

You will be receiving a Parents details form to complete with your up to date details and email address - please ensure this is correctly filled in and returned to your child's form tutor by Wednesday 13th July.

The school will be closed for students on Wednesday 6th and Thursday 7th July. Please ensure your child is back in school on the 8th July at 9am.

Best wishes  
Ron Skelton



### We won Gardeners World Live!

Congratulations to the gardening team at Broadway Academy for winning the 'Meal in a Barrow' Competition, held at the National Gardeners World Live event at the NEC, Birmingham. Year 7 students; Mbie K.S., Lilla D.M, Farhat S, Hassan H and Mohammed A., all contributed their time, design, growing and planting skills in producing a Ratatouille recipe. The design bunting, along with co-ordinated labelling of each plant, detailed the quantity of each vegetable needed in the recipe, along with the 21 steps on how to make the traditional French dish. The entry won Peoples' Choice at the event and was also selected in the Judges prizes.

A crystal engraved bowl was presented to the Academy, along with the students planted barrow entry. This will be displayed along with other runners up at Cannon Hill Park, Birmingham during their August Festival.

This is a wonderful celebration of our first year of having a school garden and the growing skills of the students.





## Celebrating Year 11 Success with the Rotary Design Awards

The selection committee from the Rotary Design Awards attended Broadway Academy and selected 4 textile products from the Design and Technology Year 11 GCSE practical coursework. The designs will be entered into the national competition, with initial selection to the regional level, which can then qualify further to the national finals. The 4 garments selected are culturally themed to Vietnam, Brazil, Japan Street Style and British Vintage. Good luck to the following students: Humayra R, Faheema B, Juwairiah S and Shazeda A



## DID YOU KNOW.....?

Do you know the English titles of these French Films?



Why do you think they might have longer or different names in French? To be a good language learner, you also need to understand people's culture including their films, art, and literature.

## Parent Pay - Broadway Academy.

### How to top up your account and then make a payment

#### Topping up an account :

1. Navigate to [www.parentpay.com](http://www.parentpay.com) and log in to your account.
2. Select the Top up My Account quick link
3. Choose an amount to top up from the options provided or enter the amount manually in the 'Other amount' box
4. Select Continue
5. If you have a stored card(s) on your account you may select and pay with this card, entering only the Security code/CVV and selecting Review and confirm payment
6. If you have no stored cards, or you wish to use a card not currently saved on your account, select Edit card / Use a different card. You can now enter your payment details into the secure payment page. Select Review and confirm payment to complete your payment.
7. Review your payment and select Confirm your payment.
8. If you wish you can now print a receipt, otherwise select Return to ParentPay.
9. You will receive a success notification of your payment at the top of the screen.

#### Next Steps to put money on to your child's dinner money account:

#### Making a payment :

1. For one of your children select Pay for items
2. Select View details and pay for an item you wish to purchase
3. Complete the payment details (this screen may vary depending on the item you are purchasing).
4. Select Pay now
5. You will receive a success notification at the top of your home screen once you completed payment for an item at a school using funds from your My Account balance



## Appreciation

The word 'appreciation' means really seeing something for what it is — an awareness of how special, how lucky, how unique, how blessed, how wonderful or awesome something is.

Another form of appreciation is respect towards someone or something valued. In our relationships with others it means care, concern, fair treatment and courtesy.

Appreciation is also about being grateful and thankful for what we have. We can show appreciation in many ways — at Broadway Academy we can show appreciation in some of the following ways:

- by looking after our equipment for learning, each others' belongings and the fabric of our school
- by saying thank you to your friends and teachers when they do something for you however small it may be
- by being grateful for an education - it can broaden your outlook on life and help you appreciate the world around you more
- by performing acts of kindness and using a pleasant, sincere tone of voice when speaking to others

## THIS WEEK'S GOLDEN WORDS

Make it a habit to tell people thank you. To express your appreciation, sincerely and without expectation of anything in return. Truly appreciate those around you and you'll soon find many others around you. Truly appreciate life, and you'll find you have more of it.

Ralph Marston





## What are 'fundamental British values'?

Schools are required to provide for the Spiritual, Moral, Social and Cultural (SMSC) development of their pupils. As part of this requirement, we are expected to actively promote fundamental British values.

The government defines these as:

- **Democracy**
- **The rule of law**
- **Individual liberty**
- **Mutual respect and tolerance of different faiths and beliefs**

## What does this mean for my child?

Our efforts to promote fundamental British values are designed to prepare children for life in modern Britain. Ultimately, we aim to help pupils understand:

- **The importance of combatting discrimination**
- **How we can influence decision-making by taking part in democratic processes like voting and petitioning**
- **Our freedom under British law to choose different faiths and beliefs**
- **That the law is there to keep us safe**

## What does this look like in school?

The values are reflected throughout our Academy, including in our ethos, policies and assemblies.

Children also engage with the values through the curriculum, in ways that are suitable for their age and context. For example, in some subjects there are opportunities to think about traditions from different cultures and religions.

Extra-curricular activities such as Games teach children about the importance of rules. Pupil votes, questionnaires and councils are other ways that children can have their voices heard and learn about democracy.

Our duty to actively promote fundamental British values means that we always present political views to children in a balanced way. We are also responsible for challenging prejudiced or extreme opinions and behaviour.

As part of this responsibility, we have put measures in place to protect children from exposure to extremist views.

## Frequently Asked Questions

### *Will my child still be able to express his/her faith at school?*

Absolutely! One of the fundamental values is respect and tolerance of people with different faiths, and we teach our children that British law protects their freedom to hold their own beliefs.

Any prejudice or discrimination towards pupils on the basis of their faith goes against the fundamental British values and will not be tolerated by the Academy.

### *How will this affect my child's lessons?*

The curriculum provides lots of opportunities to look at fundamental British values. Your child will already have some experience of this in lessons such as religious education (RE), Personal Development Programme [PDP] and V4C [Values for Children].

In each subject, our teachers will look out for these opportunities and encourage children to think about how the values link into the topics they are studying.

### *Will there be major changes to the school's ethos?*

Our school's ethos already includes many aspects of the government's fundamental British values. For example, we expect our children to follow the school rules and show kindness to one another. Promoting fundamental British values will reinforce, not change, our current ethos.





# Ramadan Fasting Advice for Students

A pre-dawn meal (suhur) is absolutely essential for a student as this will replace breakfast during the month of Ramadan. This pre-dawn meal should be wholesome and filling in order to sustain energy for many hours. It is important to include slowly digested foods. Complex carbohydrates are foods that will help release energy slowly during fasting and are found in grains and seeds like barley, wheat, oats, cereals, semolina, beans, lentils, wholemeal flour and basmati rice. Fibre-rich foods are also digested slowly; these include bran, whole-wheat, grains and seeds, potatoes with the skin left on, all types of bread and breakfast cereals, vegetables such as green beans and fruit such as apricots, prunes or figs.

## **The meal which breaks the day's fast (iftar).**

Try to eat a healthy balanced diet, enjoying some protein from meat/fish or lentils and some vegetables. Try to eat as you would normally and remember to eat only a moderate amount, especially of fat and sugar.

There will be ample time between iftar and suhur to eat and drink. Take extra special care to drink plenty of water during this time. It is good to sip small amounts whilst praying, doing revision, reading and other activities. This will keep you strong for the long fasting hours and will help prevent dehydration and headaches.

Avoid beverages containing caffeine such as tea, coffee and cola. Reduce the quantity consumed before Ramadan to prevent headache, irritability and mood swings. Abstain from doing too much physical activity such as sports, running for the bus, and generally rushing. Take the opportunity to rest when you can and avoid the dehydrating effects of sitting in hot sunshine.

Try to plan your day ahead. Check the examination timetable carefully on the night before an examination. Prepare your clothes, schoolbooks, pens and so on in advance to avoid rushing around in the morning. If your health is put at risk due to the fast, i.e. dehydration or injury, you can break your fast as your health is more important. Islam teaches that Allah has given permission in the Qur'an to break the fast in these circumstances. Islam does not require you to harm yourself in fulfilling the fast.

## **Advice for parents and carers**

- Ensure that your child is eating healthily and balance the food from all the major food groups
- Ensure that your child is waking in time to have Suhur (the meal before fasting begins) every day
- Ensure that your child is well hydrated between iftar (evening) and suhur (morning)
- Encourage children to prepare school books, clothes and so on the night before, so there is no rush in the morning
- Ensure that your child is taking any medication prescribed by their doctor. With the permission of the doctor, some medication, such as hayfever tablets might be taken during non-fasting hours. Consider

reducing visits to and from family and relatives during Ramadan when that coincides with school study/exam times

- Try to encourage children to resume their studies if they become lethargic

## Message for parents

Dear students, parent(s)/carer(s),

Not only does Broadway Academy offer an outstanding education and opportunities for our youngsters, it also provides them with a safe haven to learn and progress. Surveys and feedback from students and parents tells us that Broadway pupils feel extremely safe. It is important that we strive to continue this to ensure a purposeful learning environment. Please note that the Academy will not tolerate serious actual or threatened violence against another pupil or staff, weapons of any sort brought into school, taking or supplying drugs, persistent or defiant misbehaviour and bullying (including cyber/online).

Many thanks for your continued support.

Mr D Chauhan - Deputy Headteacher

## Social Media: Our Stance



As stated in the Education Act 2011, any teacher at the Academy has the power to discipline a student for their behaviour outside of the school premises. As a community school we have a duty to ensure that our students conduct themselves in the same way as they would do so in school, as such, incidents reported or witnessed outside school will be dealt with in line with our behaviour policy.

Social networking has become a part of daily life for many of our students, however, we are dealing with an increasing number of incidents in school which have stemmed from comments that have been made on social media. It is becoming increasingly common to hear stories in the media about the impact of bullying through social networking sites and the devastating effect this can have on young people and their families. Our first priority at Broadway Academy is that all our students feel safe every day at school. We have a zero tolerance policy of any form of bullying, including via social networking sites. In the same way that we will apply sanctions in school for incidents that have taken place within the community, we will also sanction students for incidents that have taken place online via social networking sites.



# What can parents and carers do about exam stress?

One of the best things parents or carers can do if their child is experiencing exam stress is to try to be as supportive and tolerant as possible.

We've put together a list of strategies that may help young people to manage exam stress. We've also included some tips on how to help your child deal with stress on and after the exam day.

## Effective study and learning habits

Parents and carers can help reduce the exam stress of their child by helping them establish effective study and learning habits:

Help your child find a quiet place to study without distractions. Make sure their table is uncluttered so they can focus better.

- Encourage your child to find out exactly what the test involves - are there past test papers they can look at to help them understand what to expect?
- Encourage your child to ask for help or ask their teacher for clarity if they are unsure of something or if they feel confused.
- Help them to make 'mind maps' to collect ideas and summarise thoughts - use bright colours to help remember important links.
- Help them to plan their study schedule early on so they have sufficient time to study. It can be helpful to develop a clear, realistic plan of what they want to cover in each study session. Can they break it down into small chunks?
- Remind your child to take a short rest and move around in between each part of their study.
- Offer help sometimes. It can be useful having someone to listen or practise with.

## Healthy sleeping and eating habits

- Encourage your child to stick to a routine of going to bed at a reasonable time. They need to avoid late night TV shows or movies.
- Motivate them to eat regularly and make time to have fun and exercise.
- Help them to cut back on coffee or any other stimulants which they may be using, as these can increase agitation. Encourage them to drink lots of water instead.
- Remind them to take time out when they eat, rather than carrying on with study.
- Encourage them to eat fresh fruit, vegetables, cereals, grains, nuts and protein - they are all good for the brain and blood sugar levels.
- Encourage them to eat when they get hungry. This keeps blood sugar and hydration levels steady.
- Avoid junk food if possible. It will bring a sudden sugar high which will fall away quickly, leaving a person feeling tired.

## Relaxation ideas to help your child cope with exam stress

- Always encourage your child to relax before they go to bed after concentrating for long periods of time. Activities such as reading a short story may help them unwind and sleep better.
- Encourage them to go out for a walk, run or do some other exercise they enjoy.
- Teach them relaxation techniques such as listening to some gentle music, getting them to lie down, closing their eyes and taking a deep breath while visualising a calming scene such as a deserted beach.
- Help your child to develop a positive mindset by encouraging them to visualise success - this can really help with self-confidence.
- Avoid rushing on the day of the exam by organising and packing everything they need to take with them the night before.

## Ideas for the exam day

Talk about these ideas before the exam day so as not to add to anxiety levels.

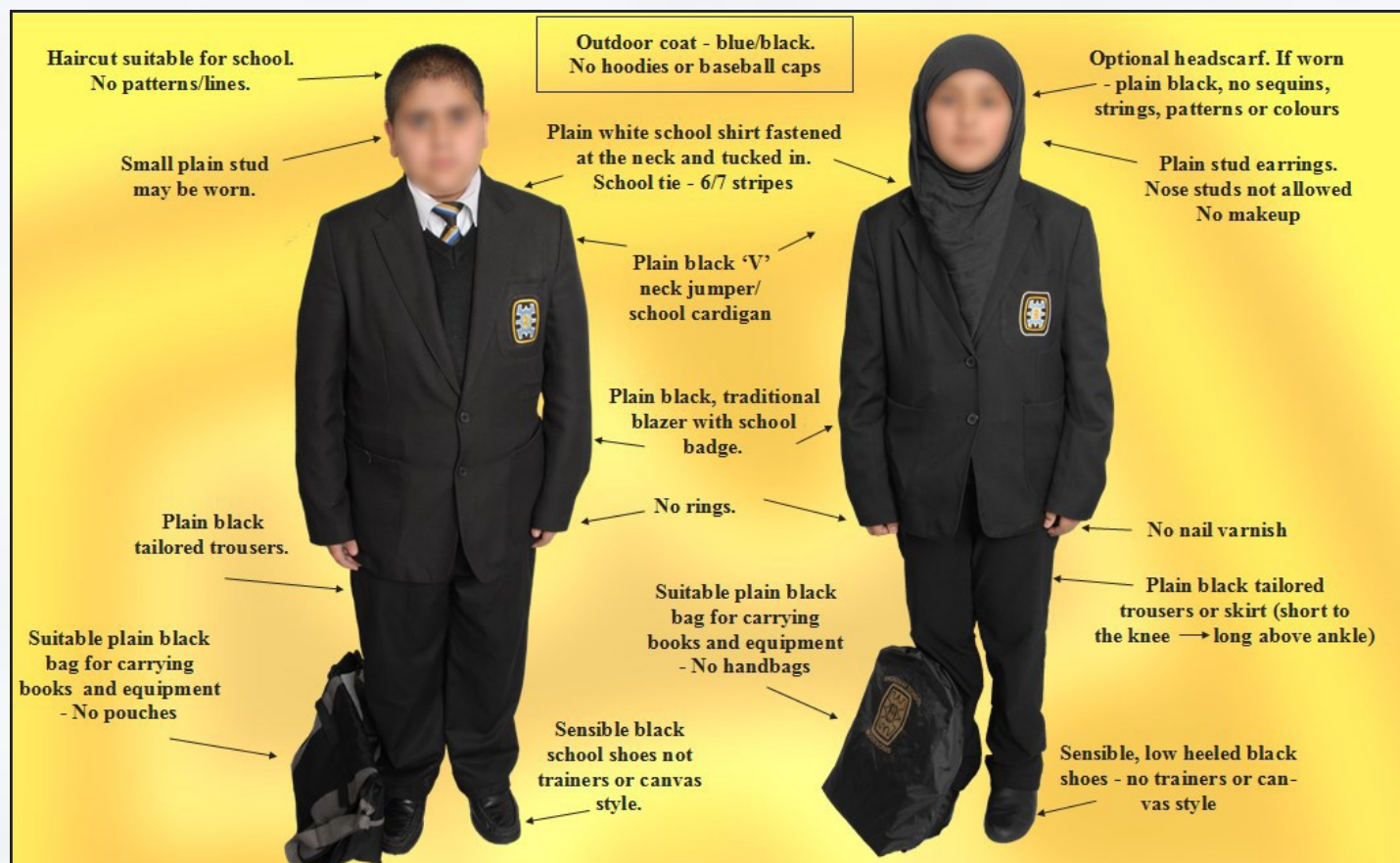
Suggest to your child that they:

- Eat a good and light breakfast - something that will sustain them and help them concentrate.
- Try to arrive at school or the exam venue early.
- Go to the toilet before the exam starts.
- Keep away from people who may agitate them before the test or may say unhelpful, anxiety-provoking comments.
- Try writing about their thoughts and feelings at least 10 minutes before the exam to free up brainpower from focusing on emotions, so they can focus on the test material instead.
- Take time to slow their breathing and relax when they first sit down in the exam room.
- Skim over the exam paper, underlining key words and instructions.
- Work out how long they have for each question or section.
- Watch out for the wording of the questions - they need to understand and address what the question is really asking.
- Answer the questions they find easiest first, to build their confidence, then as they relax more move on to more difficult ones.
- Don't worry about how long others are taking but keep an eye on the clock to ensure they have enough time to answer the more difficult questions.
- Re-read answers if possible and make any changes that are necessary - correct spelling and check workings out



# School Uniform

The Broadway Academy uniform shows that pupils are part of an organisation. Wearing it says "we're all in this together" and are part of Team Broadway. Also, if you wear your uniform with pride, it means you are half way there to being respectful; buying into what the organisation is all about. Uniforms also give students a sense of belonging and create an identity for the school in the community. On that note, please note that "Hooded Jumpers", Caps or Trainers are not part of the Broadway uniform policy.



Examples of Hooded Jumpers/Jackets NOT permitted:



Examples of outdoor coats permitted:



Examples of footwear NOT permitted:



Examples of footwear permitted:



Many thanks for your continued support.

Mr D Chauhan - Deputy Headteacher



|           | Lunchtime                     |             |              | After School               |               |             |
|-----------|-------------------------------|-------------|--------------|----------------------------|---------------|-------------|
| Monday    | Badminton                     | Sports Hall | Mis Taylor   | Y8 Cricket                 | Astro         | Mr Robbins  |
|           | Cricket                       | Gym         | Mr French    | Girls Fitness              | Fitness Suite | Miss Bolton |
|           |                               |             |              | Girls Cricket/<br>Rounders | Gym           | Mrs Webb    |
|           |                               |             |              | Y9 Cricket                 | Sports Hall   | Mr French   |
| Tuesday   | Y11 Football                  | Sports Hall | Coach - Sean | Y7 Cricket                 | Astro         | Mr Khan     |
|           | Y7 Cricket                    | Gym         | Mr Khan      | Badminton                  | Sports Hall   | Mr French   |
|           |                               |             |              | Girls Fitness              | Fitness Suite | Miss Bolton |
|           |                               |             |              | Karate                     | Gym           | Coach       |
| Wednesday | Girls Basketball              | Gym         | Miss Taylor  | 6th form Football          | Astro         | Khalid      |
|           | Y10 Football                  | Sports Hall | Coach - Sean | Boys Fitness               | Fitness Suite | Mr Khan     |
| Thursday  | Y11 Football                  | Sports Hall | Coach - Sean | Yr9 Cricket                | Astro         | Mr French   |
|           | Y8 Cricket                    | Gym         | Mr Robbins   | Tennis                     | Sports Hall   | Miss Taylor |
|           |                               |             |              | Girls Rounders             | Astro         | Miss Taylor |
|           |                               |             |              | Boys Fitness               | Fitness Suite | Mr Khan     |
| Friday    | Girls Football                | Gym         | Miss Taylor  | Girls Football             | Astro         | Miss Taylor |
|           | Friday Prayers<br>Sports Hall |             |              | Girls Fitness              | Fitness Suite | Mr Khan     |
|           |                               |             |              | Table- Tennis              | Gym           | Mr Robbins  |
|           |                               |             |              | Judo                       | Drama 2       | Coach       |
|           |                               |             |              | Cricket                    | Sports Hall   | Coach       |



# Extra Curricular Activities - Whole School

|         | Lunchtime                                    |                        |                      | After School                        |        |               |
|---------|----------------------------------------------|------------------------|----------------------|-------------------------------------|--------|---------------|
| Monday  | Keyboard Club                                | Purple 1               | 12.20pm              | School Play Rehearsal               | Studio | Until 4.30pm  |
|         | Drama Club                                   | Studio                 |                      | Food Club                           | Red 4  | 3.05 - 4.05pm |
|         | Maths Enrichment Club                        | Maths                  |                      | Health and Social Care Intervention | Red 6  | 3.05 - 4.05pm |
|         | DT Coursework Club KS4                       | Red 9                  | 12.20pm              |                                     |        |               |
|         | Health and Social Care Homework Club         | Red 6                  | 12.20pm              |                                     |        |               |
|         | Computing Club                               | Red 1                  | Starting in November |                                     |        |               |
|         | Homework Club                                | Yellow 2               |                      |                                     |        |               |
| Tuesday | Percussion Ensemble                          | Purple 1               | 12.20pm              | School Play Rehearsal               | Studio | Until 4.30pm  |
|         | KS4 Band Rehearsal                           | Purple 2 Practice Room | 12.20pm              |                                     |        |               |
|         | Chess Club                                   | Maths                  | 12.20pm              |                                     |        |               |
|         | Art Club KS3                                 | Red 7                  | 12.20pm              |                                     |        |               |
|         | DT Coursework Club KS4                       | Red 9                  | 12.20pm              |                                     |        |               |
|         | Textiles Club KS3                            | Red 3                  | 12.20pm              |                                     |        |               |
|         | Health and Social Care Homework Club         | Red 6                  | 12.20pm              |                                     |        |               |
|         | Debating Society - 'controversial movies' Y8 | Pink 5                 | 12.40 - 1.05pm       |                                     |        |               |
|         | Geography - Documentary club KS3             | Pink 9                 | 12.25 - 1.00pm       |                                     |        |               |



# Extra Curricular Activities - Whole School

|           | Lunchtime                            |          |         | After School              |        |               |
|-----------|--------------------------------------|----------|---------|---------------------------|--------|---------------|
| Wednesday | Orchestra                            | Purple 1 | 12.20pm | Tech / Voc Homework Club  | Pink 1 | 3.05 - 4.05pm |
|           | Art Club KS4                         | Red 7    | 12.20pm | ICT Intervention          | Red 2  | 3.05 - 4.05pm |
|           | DT Coursework Club KS4               | Red 9    | 12.20pm | Art Intervention          | Red 8  | 3.05 - 4.05pm |
|           | Health and Social Care Homework Club | Red 6    | 12.20pm |                           |        |               |
|           | Science Club                         | Orange 9 | 12.20pm |                           |        |               |
|           | Literacy Games Club                  | English  |         |                           |        |               |
|           | Y11 art Intervention                 | Red 8    |         |                           |        |               |
|           | Y7 and Y8 Maths Club                 | Blue 2   | 12.20pm |                           |        |               |
| Thursday  | Origami Club                         | Maths    |         | School Play Rehearsal     | Studio | Until 4.30pm  |
|           | DT Coursework Club KS4               | Red 9    | 12.20pm | KS4 Graphics Intervention | Red 10 | 3.05 - 4.05pm |
|           | Health and Social Care Homework Club | Red 6    | 12.20pm | KS4 Textiles Intervention | Red 3  | 3.05 - 4.05pm |
|           | SEN Art Club                         | Red 8    |         |                           |        |               |
| Friday    | Guitar Ensemble                      | Purple 1 | 12.20pm |                           |        |               |
|           | DT Coursework Club KS4               | Red 9    | 12.20pm |                           |        |               |
|           | Health and Social Care Homework Club | Red 6    | 12.20pm |                           |        |               |
|           | History Club                         | Pink 7   |         |                           |        |               |
|           | Chess Club                           | Orange 9 |         |                           |        |               |
|           | Catch Up Art Club - All years        | Red 8    |         |                           |        |               |