



Our Children, Our Community, Believe it can be done!

Headteacher's 'Thought For The Week'

Mens sana in corpore sano is a Latin phrase, usually translated as "a sound mind in a sound body" or "a healthy mind in a healthy body". I partially agree with this statement. I have also met many wonderful people who have a healthy mind in an unhealthy body. I believe as educationalists we should strive to look after our bodies by taking exercise, this improves our general mood and well-being. One of the ways I exercise is by taking part in the Olympic sport of Judo. Judo was founded by Jigoro Kano who was an educationalist. Judo was used by Kano as the Physical Education curriculum for Japanese children.

The founder of Judo: Jigoro Kano
1860-1938



Ju - means gentle
do - means way or path



Judo - The gentle way. The ultimate goal of Judo was to perfect the individual so that he can be of value to society. There are many reasons for learning Judo. Judo provides exercise, relaxation, sport, an interesting challenge, balance, coordination, self-protection and self-confidence. Judo offers a fellowship unlike other sports, and develops a keen desire to coordinate mind and body.

A gem cannot be polished without friction, nor man perfected without trials.

Chinese proverb

The Careers and Apprenticeship Show

Saturday 14th May: 10.00am - 5.00pm

Millennium Point, Curzon Street,
Birmingham B4 7XG

It's your choice!

At 16 you can start an apprenticeship, study programme or traineeship, do A-levels or a vocational programme. This is a great opportunity to speak to training providers, colleges, universities, employers and apprentices to find out about what your options are. This show is also for anyone not currently in education, employment and training to find current job vacancy information.

#careersappshow

Fizzy Drinks including Energy Drinks

Dear Parents/Carers

A reminder that Broadway Academy is a "Fizzy Drink Free Zone". In terms of the students' health and the impact on their learning, it is detrimental.

A recent article in the Daily Telegraph [22 October 2015] highlighted 8 key dangers of Fizzy and Energy Drinks:-

1. They can raise our risk of heart disease

Scientists in America found a strong link between the proportion of daily calories from foods laden with added sugars (like fizzy drinks) and death rates from cardiovascular disease. They claimed that drinking three cans a day could triple our risk of heart disease.

2. They can lead to diabetes

Sugar-laden drinks have been proven to increase cases of Type 2 diabetes. A study conducted between 1990 and 2000 estimated that the increased consumption of sugar-sweetened drinks contributed to 130,000 new cases of diabetes.

3. They can cause liver damage

A study from 2009 found that sugary drinks can cause fatty liver disease and drinking just two cans per day could lead to liver damage.

4. They can make us violent

A study carried out on teenagers found a link between drinking fizzy drinks, violence and the likelihood of them carrying a weapon. The researchers found that even teenagers who drank just two cans a week were more aggressive towards their friends and those who drank five or more cans a week were also more likely to have drunk alcohol or smoked at least once in the previous month.

5. They can change your brain

As well as affecting the body, fizzy drinks have been found to alter the protein levels in the brain, which could lead to hyperactivity.

6. They can cause premature aging

Phosphates used in fizzy drinks, as well as many other processed foods, has been found to speed up the ageing process. This is not bad just in terms of wrinkles, but also health complications that some with age, such as , chronic kidney disease and cardiovascular calcification.

7. They can make us fat

This one may seem obvious. However, what you may not know is that diet soft drinks can still affect our waistline dramatically. A study found that those who drank diet fizzy drinks saw their waistlines expand nearly three times as much as non-drinkers and even more so than those drinking non-diet versions.

8. They can increase our risk of Alzheimer's

Scientists in America found that mice fed the equivalent of five cans of sugary drinks a day had worse memories and twice the amount of brain deposits associated with the disease than mice

Continued....

without added sugar in their diet. This suggests that fizzy drinks could be linked with Alzheimer's.

Therefore from **Monday 21 March 2016** the Academy will be reverting to a 'Fizzy and Energy Drink Free Zone'. **Any drinks of this type seen around the Academy or in lessons will be confiscated from students.**

Many thanks for your continued support
Mr D Chauhan - Deputy Headteacher.

Year 9 Hillwalking trip

On Monday students in Austin had the opportunity to go hillwalking and develop essential skills in preparation for opting for the Duke of Edinburgh Award in the coming months. This time they were back in the village of Overhaddon in Derbyshire and on the whole the weather was kind, albeit rather windy first thing.

The students were split into three groups with Mr Taylor's group going on the uphill route due to his superior fitness levels compared to Mr Robbins and Miss Taylor. All groups proved they could work as part of a team, navigate effectively and cope with the physical demands of the day. However, Mr Taylor's group were first back to base despite stopping off towards the end of the day for a bit of stone throwing in a nearby stream. The students behaviour was outstanding all day and they truly were a credit to the school.



All students will get the opportunity to go hillwalking again this year at different places within the country. The dates for this half term are as follows-

- Tuesday 3rd May- Year 7 (Austin) plus the BTEC Sport Year 13 group
- Tuesday 10th May- Year 7 (Boulton/Chamberlain A)
- Wednesday 11th May- Year 8 (Boulton/Chamberlain A)
- Thursday 26th May-Year 9 (Boulton/Chamberlain A)

During the Easter Holiday, four Broadway pupils spent an evening at Whittington Barracks, near Lichfield in support of the Free Spirit Horse Memorial where they were helping to raise funds for the life-size horse statue to be erected at The National Memorial Arboretum.

The reception was a very prestigious affair, attended by dignitaries and business representatives and academics from as far afield as London and Liverpool, all of whom support the Free Spirit project to ensure that the contribution of the horse down the centuries will not go unrecognised.

Broadway pupils were asked to participate because the FSHM is being organised by Gartmore Riding School, where our pupils have an opportunity to complete a riding and horse management course on Thursday mornings. We were very happy to be part of such a special event where the guest speakers included Richard Waygood, former Riding Master of The Household Cavalry Mounted Regiment, and Graham Winton, author of 'Theirs Not to Reason Why: Horsing the British Army 1875 - 1925'. It's worth 'googling' these two just to have a look at their achievements!

Mrs Simpson, [English Dept/LAMDA], agreed to coach Jubair A., Year 8] and Fiza A. in a recital of 'War Horse' by Brenda Williams, a poem inspired by the book of the same name by Michael Morpurgo and, although she could not be with us, Brenda Williams sent her very best wishes to Jubair and Fiza for their performance. Mrs Simpson rehearsed the pupils during their lunch hours in the weeks before the event and the result was a splendid rendition which ensured there wasn't a dry eye in the house!

Salimatou S. J. and Taslima K., [Year 9], came along to act as hostesses for the visitors and to help out in any way they could. They were complimented on their efficiency and professional approach to the task.

When the Free Spirit Memorial is erected at the NMA, Broadway Academy will be included in the time capsule below the statue because of the support we have given to the project over the last year. A nice thought for our future visitors to the Arboretum to stand by the life-size horse and know we are there!



Finale: The *Free Spirit* Choir, speakers, the Staffordshire Corps of Drums ~ with Jubair and Fiza at the right.



Logo of the *Free Spirit* Horse Memorial Appeal.

War Horse

Fear, rippled through the ranks.
Through men's limbs. Into our flanks.
But, steady, courageous, facing battle again.
An awesome silence enveloped them then.

We stamped our hooves. We felt it too.
We spoke as only horses do.
With chinking harness, snort and wicker,
With frightened eyes, and ears a-flicker.

Then "Forward! Forward!" Into battle,
To canon boom and machine gun rattle.
With thundering hooves and shouts and screams
Through blinding smoke to nightmare scenes.

And still we galloped on and on
And still the battle wasn't won.
Through shrapnel, shell holes, rifle fire,
In mindless panic to barbed wire.
Now riderless, I mustered strength
And stretched my jump to its full length
To clear the wire of no-man's lands
And reach the woods in enemy hands.

Stricken with terror, I blundered on
Till the noise of the shelling was long gone.
Past ruined homes and fields of mud.
Past trenches with the stench of blood.

Now alone, I reach a river
And halt beside it, all a-shiver.
I drink its coolness, shake my mane.
Will anything ever be the same?

Where are the bundles of fresh sweet hay?
Where is the straw where I once lay?
Where is the farm where I lived and grew?
Where are the people I loved and knew?

© to Brenda Williams

This poem was inspired by the novel "War Horse" by Michael Morpurgo

GCSE time in France



Le mois de mai approche et le GCSE aussi. Mais vous savez vous n'êtes pas les seuls à avoir tel examen. En France, l'équivalent du GCSE s'appelle le Brevet des Collèges. Contrairement à ici, le Brevet se passe en classe de troisième, l'équivalent de la Year 10. L'examen est aussi très différent. Les petits français doivent être sérieux tout au long de l'année car leurs notes dans toutes les matières sont prises en compte dans le résultat final. On appelle cela « le contrôle continu ». En juin, Ils ont trois examens écrit, un en français, un en maths, et un en histoire-géographie. Mais ils ont aussi un examen oral en histoire de l'art. Parfois, si l'élève a été bon toute l'année il peut avoir le Brevet instantanément sans avoir à passer l'examen écrit mais il doit malgré tout être présent sous peine d'élimination.

Je suis sûr que vous allez tous réussir ! Bon courage à tous pour le GCSE!

The month of May is coming and the GCSEs too. You know, you are not the only one to take an exam. In France, the equivalent of the GCSE is the Brevet des Collèges. Unlike here, the Brevet is at the end of the "troisième", the equivalent of Year 10. The exam is also very different. The French students have to be serious during the entire year because their grades in every subject are taken into account for the final result. It is called the "continuous assessment". In June, they have three written exams: one in French, one in Maths and one in History/Geography. But they also have an oral exam about Art history.

Sometimes, if a student's average has been good enough during the whole year, the student can pass the exam without sitting for it. However, the student may not skip the exam, as that would mean automatic disqualification.

I am sure you will all succeed! Good luck to everyone for their GCSEs!

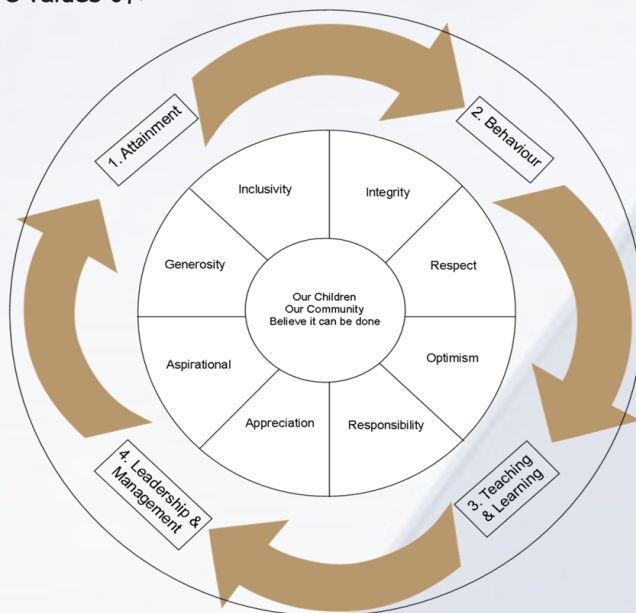
Gwenhael Marchenoir, French Assistant

Values focus of the week

RESPECT FOR 'BRITISH VALUES'

BRITISH VALUES OR BROADWAY VALUES?

The answer is quite simple! They are the same as our core values of:



Or what is defined as 'FBV' — FUNDAMENTAL BRITISH VALUES

The key points for all schools related to Fundamental British values:

- self-knowledge, self-esteem and self-confidence
- distinguish right from wrong
- respect the law of England
- accept responsibility for behaviour
- show initiative
- contribute to lives of others
- general knowledge of and respect for public institutions and services in England
- respect for other people
- respect democracy and support participation in democratic processes (e.g. school council and mock elections)
- understand a range of faiths

This week's golden words

Values are like fingerprints. Nobody's are the same, but you leave 'em all over everything that you do.'

ELVIS PRESLEY

Two systems, ten differences. Which one do you prefer?

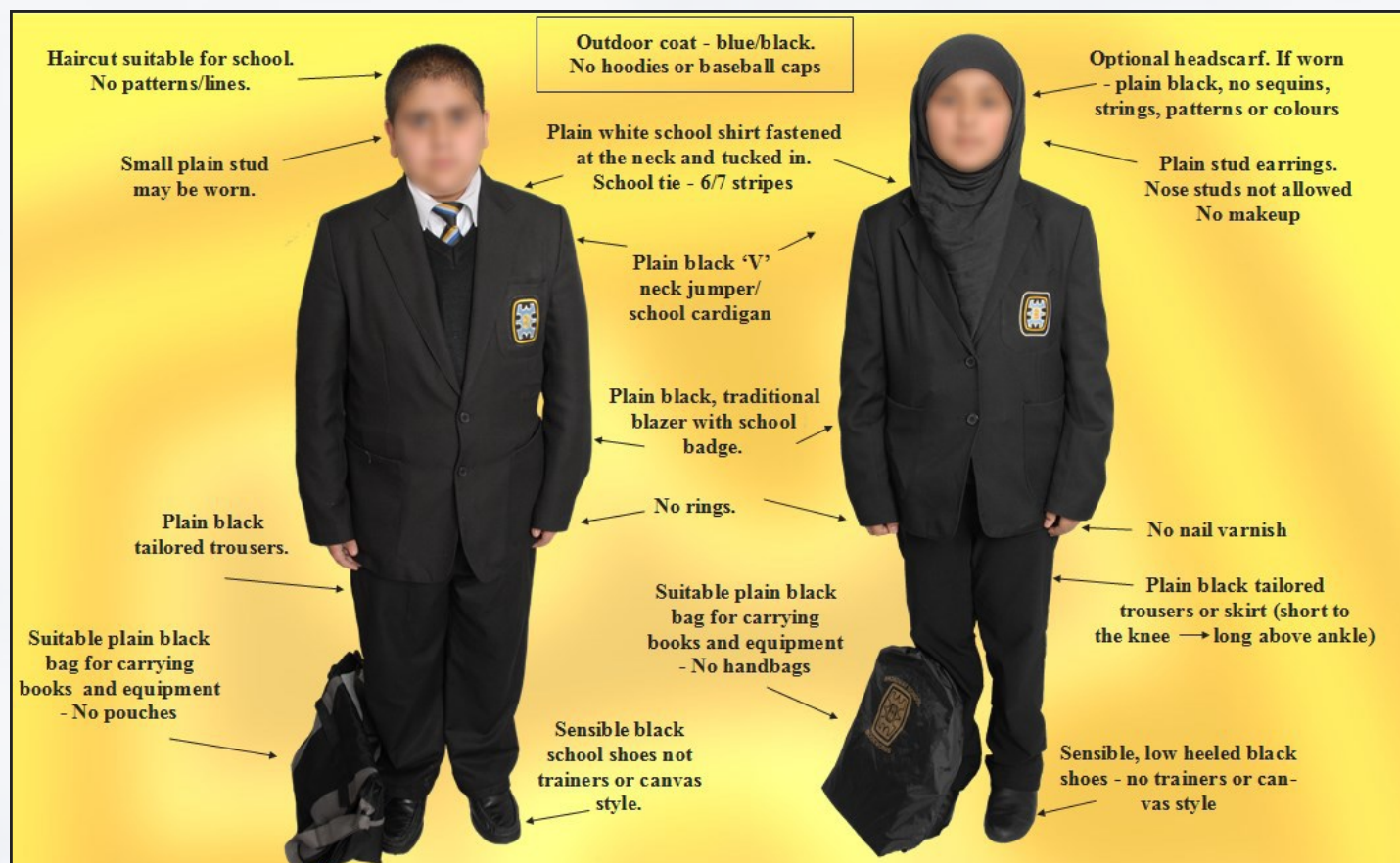


Luscinda Gutierrez-Roa, Spanish Assistant

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|---|---|
| 1. <i>En los colegios públicos no hay que llevar uniforme.</i> | 1. In state schools you do not have to wear uniform. |
| 2. <i>No existe el half term.</i> | 2. There is not half term |
| 3. <i>Las vacaciones de semana santa duran solo una semana.</i> | 3. Easter holidays only last one week |
| 4. <i>El colegio acaba sobre el 20 de junio y empieza a principios de septiembre.</i> | 4. School finishes around the 20th of June and starts at the beginning of September. |
| 5. <i>Los chicos y las chicas hacen educación física juntos.</i> | 5. Boys and girls do P.E. together. |
| 6. <i>Los alumnos están siempre en la misma clase, el profesor cambia de clase.</i> | 6. Students are always in the same classroom, it is the teacher who goes from one classroom to another. |
| 7. <i>Cada alumno tiene que comprar su propio material.</i> | 7. Every student has to buy stationery, books and other equipment. |
| 8. <i>Comemos después del colegio.</i> | 8. We eat lunch after school. |
| 9. <i>Teatro no es una asignatura.</i> | 9. Drama is not a subject. |
| 10. <i>Si suspendes más de dos asignaturas en un año tienes que repetir ese año.</i> | 10. If you fail more than two subjects in a year you have to redo it. |

School Uniform

The Broadway Academy uniform shows that pupils are part of an organisation. Wearing it says "we're all in this together" and are part of Team Broadway. Also, if you wear your uniform with pride, it means you are half way there to being respectful; buying into what the organisation is all about. Uniforms also give students a sense of belonging and create an identity for the school in the community. On that note, please note that "Hooded Jumpers", Caps or Trainers are not part of the Broadway uniform policy.



Examples of Hooded Jumpers/Jackets NOT permitted:



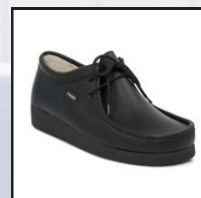
Examples of outdoor coats permitted:



Examples of footwear NOT permitted:



Examples of footwear permitted:



Many thanks for your continued support.

Mr D Chauhan - Deputy Headteacher

	Lunchtime			After School		
Monday	Badminton	Sports Hall	Mis Taylor	Y8 Cricket	Astro	Mr Robbins
	Cricket	Gym	Mr French	Girls Fitness	Fitness Suite	Miss Bolton
				Girls Cricket/ Rounders	Gym	Mrs Webb
				Y9 Cricket	Sports Hall	Mr French
Tuesday	Y11 Football	Sports Hall	Coach - Sean	Y7 Cricket	Astro	Mr Khan
	Y7 Cricket	Gym	Mr Khan	Badminton	Sports Hall	Mr French
				Girls Fitness	Fitness Suite	Miss Bolton
				Karate	Gym	Coach
Wednesday	Girls Basketball	Gym	Miss Taylor	6th form Football	Astro	Khalid
	Y10 Football	Sports Hall	Coach - Sean	Boys Fitness	Fitness Suite	Mr Khan
Thursday	Y11 Football	Sports Hall	Coach - Sean	Yr9 Cricket	Astro	Mr French
	Y8 Cricket	Gym	Mr Robbins	Tennis	Sports Hall	Miss Taylor
				Girls Rounders	Astro	Miss Taylor
				Boys Fitness	Fitness Suite	Mr Khan
Friday	Girls Football	Gym	Miss Taylor	Girls Football	Astro	Miss Taylor
	Friday Prayers Sports Hall			Girls Fitness	Fitness Suite	Mr Khan
				Table- Tennis	Gym	Mr Robbins
				Judo	Drama 2	Coach
				Cricket	Sports Hall	Coach

Extra Curricular Activities - Whole School

	Lunchtime			After School		
Monday	Keyboard Club	Purple 1	12.20pm	School Play Rehearsal	Studio	Until 4.30pm
	Drama Club	Studio		Food Club	Red 4	3.05 - 4.05pm
	Maths Enrichment Club	Maths		Health and Social Care Intervention	Red 6	3.05 - 4.05pm
	DT Coursework Club KS4	Red 9	12.20pm			
	Health and Social Care Homework Club	Red 6	12.20pm			
	Computing Club	Red 1	Starting in November			
	Homework Club	Yellow 2				
Tuesday	Percussion Ensemble	Purple 1	12.20pm	School Play Rehearsal	Studio	Until 4.30pm
	KS4 Band Rehearsal	Purple 2 Practice Room	12.20pm			
	Chess Club	Maths	12.20pm			
	Art Club KS3	Red 7	12.20pm			
	DT Coursework Club KS4	Red 9	12.20pm			
	Textiles Club KS3	Red 3	12.20pm			
	Health and Social Care Homework Club	Red 6	12.20pm			
	Debating Society - 'controversial movies' Y8	Pink 5	12.40 - 1.05pm			
	Geography - Documentary club KS3	Pink 9	12.25 - 1.00pm			

Extra Curricular Activities - Whole School

	Lunchtime			After School		
Wednesday	Orchestra	Purple 1	12.20pm	Tech / Voc Homework Club	Pink 1	3.05 - 4.05pm
	Art Club KS4	Red 7	12.20pm	ICT Intervention	Red 2	3.05 - 4.05pm
	DT Coursework Club KS4	Red 9	12.20pm	Art Intervention	Red 8	3.05 - 4.05pm
	Health and Social Care Homework Club	Red 6	12.20pm			
	Science Club	Orange 9	12.20pm			
	Literacy Games Club	English				
	Y11 art Intervention	Red 8				
	Y7 and Y8 Maths Club	Blue 2	12.20pm			
Thursday	Origami Club	Maths		School Play Rehearsal	Studio	Until 4.30pm
	DT Coursework Club KS4	Red 9	12.20pm	KS4 Graphics Intervention	Red 10	3.05 - 4.05pm
	Health and Social Care Homework Club	Red 6	12.20pm	KS4 Textiles Intervention	Red 3	3.05 - 4.05pm
	SEN Art Club	Red 8				
Friday	Guitar Ensemble	Purple 1	12.20pm			
	DT Coursework Club KS4	Red 9	12.20pm			
	Health and Social Care Homework Club	Red 6	12.20pm			
	History Club	Pink 7				
	Chess Club	Orange 9				
	Catch Up Art Club - All years	Red 8				