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Our Children, Our Community, Believe it can be done!

Headteacher's 'Thought For The Week'

On Tuesday this week we had a whole-school leadership and governance review (very similar to a mock Ofsted inspection). The inspectors said that Broadway was one of the best schools they have visited in terms of our students' world-views and how well-balanced and hardworking our students are.

Leadership, teaching and learning and outcomes for our students were also judged to be outstanding which is reflected in Broadway being in the top 20% of schools nationally and our sixth form in the top 25% for value added.

On Thursday we welcomed SACRE (Standing Advisory Council for Religious Education) who come in to school to make a film about collective worship; the film may be used nationally as an example of best practice.

SACRE were very impressed with the values, spiritual and moral education we offer Broadway students which is a tribute to the hard work of staff, students and parents.

To finish I would like to congratulate our year 10 football team who beat Holyhead School by an impressive 7-0 this week!

We have just one week left until the end of term - well done everybody and keep up the hard work.

History

Everyone wonders why their environments and situations are like what they are right now. All this can be explained by the study of history which can tell you the story of your race, country, ancestors and culture. When you put all these together, you will understand why things are the way they are and clear your doubts.

No matter the subject we are talking, studying or discussing, it will always have a historical background to it. Be it science, languages, maths or social sciences, all subjects are based on their history and studies by the pioneers throughout the ages.

Look back at your history, study your achievements, downfalls and lessons learned. Share them with someone or reflect on how you can move forward. The Broadway Values, or lack of, can be seen in all periods of history. Equip yourself with the Values to maximize your success.

"The more you know of your history, the more liberated you are." **Maya Angelou**

Values Focus of the Week

GENEROSITY MEANS CARING

WHY CARE?

Why do some people show consideration, kindness, compassion and generosity to others? Some help others because it makes them feel good. Some show concern because everybody else seems to. Some show kindness to avoid embarrassment, to earn recognition, to relieve guilt or because it hurts them to see other people hurting. Genuine selfless concern or caring is a sign of **GENEROSITY**.

CARING DO'S

- Show you care about others through kindness, caring, generosity and compassion.
- Live by the Golden Rule ... treating others the way you want them to treat you.
- Think how every decision, word or action will impact on others.

CARING DON'TS

A caring person lives with these reminders:

- Don't be selfish!
- Don't be mean!
- Don't be cruel!
- Don't be insensitive to the feelings of others.

THIS WEEK'S GOLDEN WORDS

'Too often we underestimate the power of a touch, a smile, or a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.'

LEO BUSCAGLIO

5 GREAT WAYS TO MENTAL WELLBEING

1. Give something back
2. Relate to other people
3. Exercise your body
4. Appreciate your world
5. Try something new

Eat Your Stress Away!

Ever worried about what they put in your food? Apparently you have good cause...anyone for a horse burger?

A decent diet = reduced stress = better health

The core principle is to eat a rainbow of natural unprocessed food ...all colours...all types.

THE 'STAR' FOODS:

SALMON - Omega - 3 helps your brain function and enables you to better deal with stress.



CHICKEN / TURKEY - Contains the highest levels of tryptophan which aids sleep. More sleep, means lower stress levels.

GO GREEN! - But best of all eat lots and lots of veggies and salads. If it's green and leafy, it's usually got folic acid which helps you relax.

OATMEAL - Fights anxiety's effects.

AVOCADO - A half should do the trick for your stress.



DARK CHOCOLATE - 70% minimum! It's the highest endorphin producing food on earth - eating dark chocolate lowers stress level hormones. Just one square is enough to stave off sugar cravings.

WATER - Sip the stress away. It keeps your joints oiled, your memory sharp, your mood stable and your motivation intact. Plus it's calorie free!

BLUEBERRIES - reduce the stress - sprinkle a few on your daily breakfast porridge.



ORANGE+PARSLEY! - The secret anti-stress in parsley and orange is Vitamin c!

WALNUTS - A handful is all you need to tame stress.

SPINACH+BROCCOLI - Improves your body's response to stress.

MILK - A glass of warm milk really is calming. It contains calcium and tryptophan which helps boost serotonin - your 'happy' hormone. The protein lactium in milk appears to have a calming effect on the body by reducing the stress hormone cortisol and lowering blood pressure.

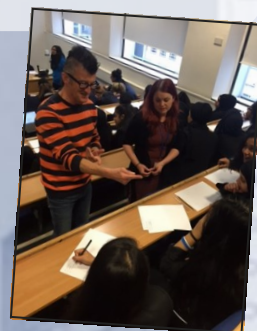
TEA- Good for you if you drink it black [lowers cortisol levels]. Herbal, mint to help your digestion or chamomile to relax you or have green tea - full of anti - oxidants and theanine which helps your brain relax. And coffee? Not so good, sorry. It increases glucose in your body which gets laid down as fat if you don't burn it off!

Poetry workshop at Aston University

On Wednesday 25th November a group of year 10 girls went to a poetry workshop at Aston University. They joined groups from other Birmingham schools and got to meet and work with the poet Spoz. The girls got to experience being in a university style lecture theatre and were treated to an inspiring poetry recital from Spoz.

It was a fantastic opportunity for these pupils and it was wonderful to see the girls get up and recite a short love poem they had written during this workshop. A wonderful time was had by all.

If love were a path
I would follow your way
If love were a toothbrush
I would brush every day
If love was rain
I would be your desert
If love was time
I would be your present



National Citizen Service

National Citizen Service (NCS) is open to all 16 and 17-year-olds in England.

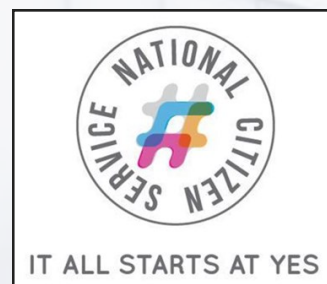
It helps young people build their skills for work and life, while taking on new challenges and meeting new friends.

It runs in the spring, summer and autumn where young people have a short time away from home and take part in a team project that will help their community.

NCS brings together young people from different backgrounds and helps them develop greater confidence, self-awareness and responsibility. It encourages personal and social development by working on skills like leadership, teamwork and communication.

Participants develop a social action project to deal with a local issue they're passionate about, and spend 30 hours putting the project into action in their community.

Our Year 11 and 12 students have been involved in this service for the last three years and are looking to recruit again this year especially to fill the all-girls program being run.



Easter Work Experience Opportunity



Overseas hospital work experience
for aspiring doctors, nurses and midwives

Supported by UK Doctors 

Future Medical Student,

Due to demand we have opened up five additional work experience placement opportunities for aspiring medics. Students aged 16-19 can join our two week hospital work experience camp based at Project India over Easter 2016.

Here is what is included in our project:

- 50 hours hospital work experience
- Medical school interview training
- Structured clinical examination training
- Personal mentorship
- A personal development portfolio
- All accommodation, food and in-country transport
- Supervised 24/7 by Medical Projects staff

Our medical camp runs for two weeks during the Easter Half Term to ensure you do not miss any school time. We have spaces for the following dates:

- 27th March - 10th April 2016 (5 new spaces available)

For more information or to book one of the remaining places please visit:

www.medicalprojects.co.uk/work-experience.

Medical Projects is a limited company registered in England and Wales No. 09436506.
Overseas hospital work experience for aspiring doctors, nurses and midwives.

Yours sincerely,
Mark Williams

Important Safety Message

Our partners who operate bus, rail and Metro services have asked us to remind West Midlands students to be extra cautious about leaving school bags on their services.



With the current nationwide threat level set at 'Severe' it is especially important for students to be mindful of lost property.

There have been a number of recently reported incidents of bags being left on public transport by students.

We do not wish to alarm your pupils but ask that you pass on our advice to make sure they take their property with them when leaving public transport services.

Due to the current sensitive climate we are in, an innocuous issue such as lost property can still have a negative effect on public perception of safety, traffic, services running punctually and of course Police time.

The Safer Travel Partnership is made up of West Midlands Police, British Transport Police, Centro and Transport Operators. The aim of the partnership is to assist in making public transport even safer.

To report incidents of a criminal nature, passengers can call West Midlands Police on 0845 113 5000 or in event of an emergency via 999.

Kind regards

Paula Shortland

Sustainable Travel Officer (Education and Community)

SEND Athletics Competition

10 students recently represented the Academy at the Level 2 SEND Athletics Competition. The students' behaviour and determination were outstanding and they worked extremely well as a team and finished in 3rd position overall! WELL DONE!

Zahnah P. 7 VW, Asma A. 7 ST, Sumairah S. 8 VW,
Thamina B. 7 VW, Imaan S., Rizwan M. 8 VW, Zaib J. 9,
Thanbir A. 8 VW, Ismail Z. 7 VW, Dean H. 7 VW.



Titan Initial Teacher Training



Are you interested in starting a rewarding teaching career which will make a difference to children in Birmingham?

Titan ITT are currently recruiting for Early Years, Primary and Secondary courses starting in September 2016, across a variety of subjects. To make an application visit the UCAS website.

For more information about our courses and entry requirements, please visit our website

www.titanteachertraining.co.uk or contact us on **0121 212 4567**.



Ready to take your first step on the road to a truly impressive career?

Our award-winning Apprenticeship Programmes are open for applications until **December 31st 2015** - your chance to work and grow with two of the worlds most famous automotive brands.

Designed to be just as rewarding as our iconic cars, our Advanced and Degree apprenticeships offer passionate individuals the chance to grow whilst gaining enviable commercial experience and recognised external qualifications. Learning from the best and working on real projects that will have a real impact on our ongoing global success, our Apprenticeship Schemes will reward your ambition and develop your excellence.

Programme areas

Advanced Apprenticeship Scheme

- Automotive
- Maintenance
- Manufacturing Support
- Tool Room / Model Factory

Engineering Degree Apprenticeship Scheme

- Production Supervision
- Purchasing
- Design
- Product Development
- Manufacturing Engineering

Finance & Accounting Degree Apprenticeship Scheme

- Finance

What you'll need

The Advanced Scheme is designed for those who have completed five GCSEs grade A*-C and runs for four years. The Degree Scheme runs for six years, and is appropriate for those who have completed relevant A-Levels or, for the Engineering Degree Apprenticeship, a BTEC Level 3 in an Engineering or Technology related subject, or, for the Commercial (Finance) apprenticeship, a Level 3 qualification in a relevant business discipline.

Further details on the amount of credits and awards required can be found on our website.

If you're ready to make the most of the hands-on experience and qualifications we offer, it all starts at

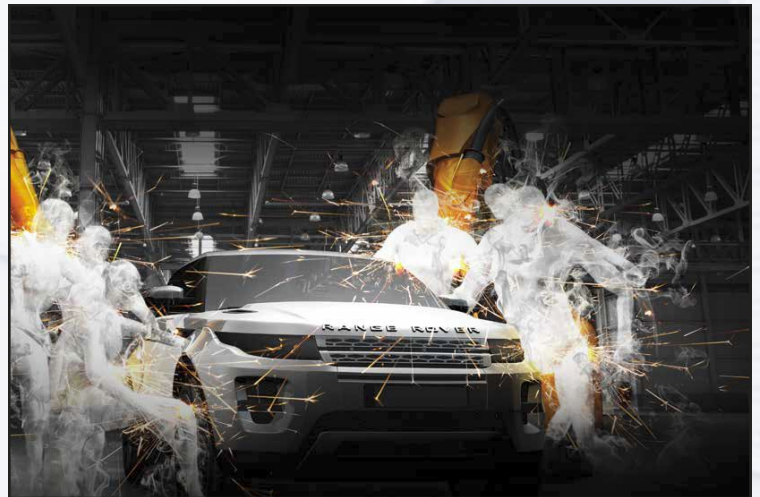
www.jaguarlandrovercareers.com

APPLY HERE

www.jaguarlandrovercareers.com/jlr-roles/future-talent/apprentices/

Good luck!

The Apprentice Recruitment Team



Refreshments will be available in the interval and before the show
6.30pm for a 7.00pm start

Annie

Wednesday 16th December

Thursday 17th December

7.00pm

Tickets

£8 per adult

£5 per child and senior citizen

ANNIE

Credits Sheet

Under the terms and conditions of your organisation's performing licence the following credits must appear on all posters, leaflets, programmes and foyer displays relating to the production:

ANNIE

Book by THOMAS MEEHAN

Music by CHARLES STROUSE

Lyrics by MARTIN CHARNIN

Original production directed by Martin Charnin.

Originally produced by Irwin Meyer, Stephen R. Friedman, Lewis Allen, Alvin Nederlander Associates Inc.,

The John F. Kennedy Center for Performing Arts, Icarus Productions.

Based on "Little Orphan Annie" (R) by permission of the Tribune Media Services Inc.

This amateur production is presented by arrangement with JOSEF WEINBERGER LTD. on behalf of MUSIC THEATRE INTERNATIONAL OF NEW YORK.

12-14 Mortimer Street, London, W1T 3JJ

Email: shows@jwmail.co.uk Tel: 020 7580 2827

www.josef-weinberger.com

The Broadway, Perry Barr, Birmingham, B20 3DP

Contact Number 0121 566 4334

Extra Curricular Activities - PE

	Lunchtime			After School		
Monday	Girls Trampolining	Gym	Miss Taylor	Yr9 Football	Astro	Mr Cheney
	Intervention Group	Fitness Suite	Mr Khan/ Mr Cousins	Girls Fitness	F. Suite	Miss Bolton
	Badminton	Sports Hall	Mr Hussain	Trampolining	Gym	Mrs Webb
				Table-Tennis	Sports Hall	Coach - Sumera Mr Mitford
Tuesday	Yr10/11 Football	Sports Hall	Mr Taylor	Yr7 Football	Astro	Mr Khan
	Intervention Group	Fitness Suite	Mr Mitford/ Mr Cousins	Badminton	Sports Hall	Coach - Sumera
	Trampolining	Gym	Mr Khan			
Wednesday	Girls Basket-ball	Gym	Miss Taylor	Yr8 Football	Astro	Mr Khan
	Intervention Group	Sports Hall	Mr Khan/ Mr Cousins	6th form Football	Astro	Mr Taylor
	Boxing	Fitness Suite	Coach - Sean	Girls Boxercise	Gym	Coach - Sean
				Primary Schools Basketball competition	Sports Hall	
				Badminton	Sports Hall	Coach - Sean
Thursday	Boys Fitness - Intervention Group	F. Suite	Mr Cheney/ Mr Cousins	Tennis	Sports Hall	Miss Taylor
				Boys Fitness	F. Suite	Mr Khan
	Year 10/11 Football	Sports Hall	Mr Taylor	Yr11 Football	Astro	Mr Robbins
				Yr10 Football	Astro	Mr Knight
				Cricket	Gym	Mr Cheney
Friday	Girls Football	Gym	Miss Taylor	Girls Football	Astro	Miss Taylor
	KS4 Football	Astro	Mr Robbins	Girls Fitness	F. Suite	Mr Khan/ Coach - Sean
	Boxing - Intervention Group	F. Suite	Coach-Sean/Mr Cousins	Table- Tennis	Gym	Mr Robbins
				Judo	Drama 2	Coach
	Friday Prayers			Sports Hall	Cricket	Sports Hall

Extra Curricular Activities - Whole School

	Lunchtime			After School		
Monday	Keyboard Club	Purple 1	12.20pm	School Play Rehearsal	Studio	Until 4.30pm
	Drama Club	Studio		Food Club	Red 4	3.05 - 4.05pm
	Maths Enrichment Club	Maths		Health and Social Care Intervention	Red 6	3.05 - 4.05pm
	DT Coursework Club KS4	Red 9	12.20pm			
	Health and Social Care Homework Club	Red 6	12.20pm			
	Computing Club	Red 1	Starting in November			
	Homework Club	Yellow 2				
Tuesday	Percussion Ensemble	Purple 1	12.20pm	School Play Rehearsal	Studio	Until 4.30pm
	KS4 Band Rehearsal	Purple 2 Practice Room	12.20pm			
	Chess Club	Maths	12.20pm			
	Art Club KS3	Red 7	12.20pm			
	DT Coursework Club KS4	Red 9	12.20pm			
	Textiles Club KS3	Red 3	12.20pm			
	Health and Social Care Homework Club	Red 6	12.20pm			
	Debating Society - 'controversial movies' Y8	Pink 5	12.40 - 1.05pm			
	Geography - Documentary club KS3	Pink 9	12.25 - 1.00pm			

Extra Curricular Activities - Whole School

	Lunchtime			After School		
Wednesday	Orchestra	Purple 1	12.20pm	Tech / Voc Homework Club	Pink 1	3.05 - 4.05pm
	Art Club KS4	Red 7	12.20pm	ICT Intervention	Red 2	3.05 - 4.05pm
	DT Coursework Club KS4	Red 9	12.20pm	Art Intervention	Red 8	3.05 - 4.05pm
	Health and Social Care Homework Club	Red 6	12.20pm			
	Science Club	Orange 9	12.20pm			
	Literacy Games Club	English				
	Y11 art Intervention	Red 8				
Thursday	Origami Club	Maths		School Play Rehearsal	Studio	Until 4.30pm
	DT Coursework Club KS4	Red 9	12.20pm	KS4 Graphics Intervention	Red 10	3.05 - 4.05pm
	Health and Social Care Homework Club	Red 6	12.20pm	KS4 Textiles Intervention	Red 3	3.05 - 4.05pm
	SEN Art Club	Red 8				
Friday	Guitar Ensemble	Purple 1	12.20pm			
	DT Coursework Club KS4	Red 9	12.20pm			
	Health and Social Care Homework Club	Red 6	12.20pm			
	History Club	Pink 7				
	Chess Club	Orange 9				
	Catch Up Art Club - All years	Red 8				