



BTEC Level 3 Sport (Level 3)

Exam Board: EdExcel



Course Structure:

Year on year the sport and active leisure sector outperforms the rest of the UK economy; this has been a trend since the end of the economic recession of the late 1990s, and researchers predict will continue to be the case for years to come, long after the sports legacy of the London 2012 Olympic and Paralympics Games.

We are offering three different options for Sport in 2014-2015.

These involve:

BTEC Level 3 Subsidiary Diploma in Sport (60 credits—1 A Level): this involves 5 hours of directed time per week

BTEC Level 3 Diploma in Sport (120 credits) - 2 A Levels: this involves 10 hours of directed time per week

BTEC Level 3 Extended Diploma in Sport (180 credits—3 A Levels): this involves 15 hours of directed time per week plus the opportunity to be part of a Sports Academy in a sport of your choosing

All courses are taught over the two years and the course is 100% coursework assessed.

The qualifications are graded at pass, merit or distinction level and these grades are broadly the same as a grade E, C or A at 'A' level.

What will I study?

Typical unit of study include:

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|--------------------------------------------------------|------------------------------------|
| Unit 1: Principles of Anatomy and Physiology in Sport. | Unit 5: Assessing Risk in Sport. |
| Unit 2: Fitness Testing for Sport and Exercise | Unit 6: Individual Practical Sport |
| Unit 3: Principles and Practices of Outdoor Education | Unit 7: Leadership in Sport |
| Unit 4: Fitness Training and Programming | Unit 8: Physiology of Fitness. |

(Unit 3: Includes a residential outdoor education week in the Lake District)

Additional Qualifications

Broadway School Sixth Form will also give you practical sport qualifications that include:

Sports Leaders Badminton Coaching Level 1 Fitness Instructor Level 1

What can I do with BTEC Sport?

Sports Coaching	Fitness Industry	Outdoor Education
Sports Development	Sports Management	Sports Science
Leisure Industry	Teaching	Elite Sport development

Desired entry requirements:

Grade C in Maths or English Language. Although English is preferred due to the written element of the course

Where can I find out more about studying Sport at Broadway?

Ask Mr Rotheram or visit www.edexcel.com



What is a Sports Academy?

As well as your 156 hours of directed time Broadway Academy in conjunction with the National Governing bodies of sport is offering an extended provision.

You will have an opportunity to play sport at the highest rated local sports club.

For those pupils who are looking to be involved in elite level sport you will have a full support structure in place to enable you to reach your potential

You will have professional level coaching in the sport of your choice.

You will have regular fixture and competition in you chosen sport

You will have enrichment opportunities within the sports industry to further increase your Employability.

What are the different course options?

Edexcel BTEC Level 3 Extended Diploma in Sport (Performance and Excellence)

Edexcel BTEC Level 3 Extended Diploma in Sport (Development, Coaching and Fitness)

Edexcel BTEC Level 3 Extended Diploma in Sport (Outdoor Adventure)

Typical Day.

A typical day will look like:

8:30am — 9:30am = Video review with the coach of last nights game / training.

9:30am — 11:00am = Sport specific fitness training in the high performance suite following your personalised training programme.

11:20am—12:20pm = BTEC Lesson (guest speaker—Regional Sports Development officer)

12:20pm—1:05pm = Healthy lunch personalised for athletes

1:05pm — 3:05pm = Extended BTEC Lesson (based at Birmingham University using their fitness labs)

3:05pm—4:30pm = Sport specific training with professional coaches in your chosen sport OR team fixture

Other opportunities:

You will also get real life work experience with industry recognised leaders. These may be specific to your chosen sport or reflect the whole sports industry. Examples include; Aston Villa. FA's Respect organisation. Adventure plus, Lawn tennis association (Wimbledon), David Lloyd Leisure Centres

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